



Transgender & Sports Charter

This Charter, signed after deliberation by the executive committee, or the general assembly of the association, or the sport club hereafter:

AIMS TO FACILITATE AND PROMOTE INCLUSION FOR TRANSGENDER PEOPLE AND TO FOSTER THEIR SPORTS PRACTICE

This Charter also seeks to make the specific needs of the transgender people known to sporting authorities, federal structures, event organizers, and association leaders. The aim of this Charter is to include transgender people and to take their desires, needs, and individual circumstances into account.

BY SIGNING THIS CHARTER, THE ASSOCIATION IS THUS COMMITTED TO:

- 1. Using an appropriate language:** use as much as possible neutral terms to address a group or an unknown individual; respecting gender, noun and civil status preferences of each participant.
- 2. Having a dialogue:** if an individual within the club is transitioning, they should be asked how they would like to be supported and any adjustment should be decided with them, and not for them.
- 3. Including:** everything should be done to include transgender people, regardless of age, making sure individuals are able to play in the team of their choice and not forced to play in team of their assigned gender.
- 4. Making necessary arrangements whenever possible:** if bathrooms, locker rooms or showers are available in the club, make sure that everyone's intimacy is preserved within any gendered areas.
- 5. Letting people make their own choices:** assuming that everyone chooses the bathroom/shower/locker room that suits them and accepting that the gender of any individual can't be determined based on appearance alone.
- 6. Updating:** changing documents and files without delay or hassles.
- 7. Communicating:** asserting inclusive practices – on the association's website, displays, programmes...
- 8. Fighting against:** stereotypes and gender norms.
- 9. Challenging:** taking any remark ("dig") or sexist, transphobic, biphobic, lesbophobic, or homophobic attitude seriously and determining the according disciplinary measures.

The FSGL is also committed to provide support, training, and regular meetings between sports associations, transgender associations and federal authorities any time a situation requires it.